**Tableau Live and Extract Connection**

As the name suggest :

Live Connection will connect to your live current data and Extract Connection will just take a snapshot of the previous data

Now let us assume there are times when u dont want to work with the live current data but on the extract data or say the previous data so at that time you can used extract connection

Example: when ur at flight and you want to analyse the data so u can take the snapshot of data in tableau and analysize it

Now u can also identify it by checking the icon when it is live connection the icon is 2 cylinder and when it is 1 cylinder it is extract one